

# LINCOLN COUNTY EXTENSION HOMEMAKERS

# September

## 2023 NEWSLETTER

Happy NEW Homemaker Year!!!!

I have really enjoyed visiting with clubs and meeting Homemakers between all of my trainings. I appreciate your patience as I get acclimated to Lincoln County Extension and attend the many different trainings that I am required to take.

I have found it fascinating to look through the history of Lincoln County Homemakers and the Kentucky Extension Homemakers Association. You will find different pictures, newspaper articles, and historical information in the newsletters this year as we celebrate our 90th Birthday!

We will kick off the Homemaker Year with Cake and Ice Cream and a Goodie Bag as you stop in the Extension Office to pay your Homemaker Dues on September 19. Sign up for as many clubs as you want, please know that some clubs have their own dues on top of the County Dues for programing supplies, classes, and other items. Enjoy the Full Homemaker Experience with Leading, Learning, Serving, and Fellowship!

Our Community Service Focus will be twofold this year. First, we will be helping to fight childhood hunger in Lincoln County with donations of money, food, and snacks for the Lincoln County Schools Backpack Program. Second, we will be collecting donations of blankets and personal items for Foster Children as they are going into the system. We will be a drop site for both of these worthy causes.

Happy Homemaking!!



*Jody G. Paver*

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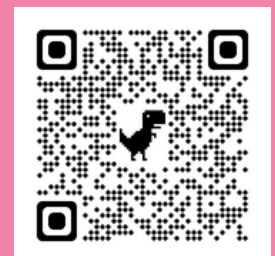
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- Calendar

Can you find the Fall Pumpkin?



facebook.com/FCSLincolnCo





**Homemaker Birthday Party**  
 – New Year Kick-Off September 19 –  
 Cake and Ice Cream, Fun and Games!  
 See flyer on page 5 for times!!!



**WE WILL BE**  
**Closed**  
 + on  
**Labor Day**  
 September 4th, 2023.

**Recognizing Farm Stress**  
 Sept 14th @ 6 pm

**Beef Expo @ Lincoln County Fairgrounds**  
 Sept 21st @ 5 pm

**Extension Homemakers Council Meeting**  
 Thursday, September 28 @ 1:30 pm at the Extension Office

## September Club Dates

- 7th @ 5:30 pm- Cuttin' Up
- 9th @ 9 am One Piece at a Time
- 11th @ 10 am- Mountain Crafters
- 13th @ 11 am- Four Corners
- 14th- Photography Special Interest Club Photography Special Interest Club- On September 14th the club members will leave at 9:30am for a visit in Berea the "Folk Arts & Crafts Capital of Kentucky."
- 15th @ 10 am - Sassy Stitchers Special Interest Club
- 18th @ 1 pm Pieceful Hearts Special Interest Club
- 20th @ 10 am - OPI Special Interest Club
- 26th @ 8:30 am - 4:00 pm UFO (Unfinished Objects)
- 28th @ 10 am- Happy Hearts



*So, what are UFO's?*

UFO is an acronym for Un-Finished Objects, and you know there are a lot of them when we must find an abbreviated way of saying "sewing stuff that I haven't finished yet". UFO Days are days that we set aside at the office to have a room open for those who would like to bring a project and work on it anytime between 8:30 a.m. and 4:00 p.m.



**UPDATED**

## 2023-2024 Leader Trainings

**Homemaker Leader Training Watch parties** – An educational lesson and handouts- overview and Q & A with Jody about the lesson.

- September 8th @ 10 am - Mindfulness - Alethia Bruzek
- October 6th @ 10 am – Cast Iron Cooking – Kayla Gibson
- November 10th @ 10 am – Make-up tips and tricks - Tara Duty
- December - None
- January 5th @ 10 am – Transferring Cherished Possessions – Karli Giles
- February - None
- March 1st - We will have an Area Cooking School – Savor the Flavor – @ 10 am Boyle County Extension Office
- March 8th @ 10 am – Basic Technology Awareness - Carla Carter
- April 16th - We will have an Area First Aide and health awareness program as an Area at Franklin County Extension Office.

Vans sign-ups will be available for the March 1st Boyle County and April 16th Franklin County trainings. Please let the office know if you would like to ride on one or both of those days.



## Save the date!

- **September 19th** - Homemaker Kickoff
- **September 22nd** – Deadline to Register for Fort Harrod Area Heritage Craft Camp
- **October 8th - 14th KEHA Homemaker Week!**
  - **October 10th** - Proclamation at Fiscal Court @ 9 a.m.
  - **October 13th** – Area Bernheim Trip, as an Area, we are going to the Bernheim Arboretum Forest to see the Giants and have lunch. RSVP to the office and also reserve a spot if you'd like to ride in a van.
- **October 27th & 28th** - Heritage Skill Craft Camp will be at Boyle County Extension Office
- **October 31st** - Area Annual Meeting at Boyle County Extension Office. There will be a Halloween theme, and we are encouraged to dress up and enjoy the day! Registration information will come later. Call to reserve your spot on the van.
- **November 30th** - Homemaker AREA Council Meeting at Jessamine County Extension Office.
- **December 2nd** – Breakfast and Shopping with Santa
- **February 13th** – County Cookie Exchange (more info to come)
- **March 1st**- Area Cooking School @ Boyle CEO
- **March 16th** – Bunny Breakfast and Vendor Sale to benefit 4-H Programs
- **April 16th** – Area First Aide & Health Awareness @ Franklin CEO

AS WE ARE ALL NEW AND LEARNING PLEASE LET US KNOW IN ADVANCE IF INTERPRETERS ARE NEEDED FOR EVENTS, CLASSES, OR CLUB/GROUP MEETINGS. THIS IS SO WE HAVE TIME TO BOOK SOMEONE.  
THANK YOU

### 2024 State Meeting

Next year's KEHA State Meeting will take place May 7-9, 2024, at Sloan Convention Center and Holiday Inn University Plaza in Bowling Green. Watch for details coming soon!

**Help Wanted - May 7 -9, 2024 - Volunteers are needed to help with the State KEHA Meeting. Fort Harrod Area Homemakers are Hosting this year. Please help support our very own Lincoln Countian, who is serving her 2nd year as STATE Homemaker President. Needed are Volunteers to help plan the meeting, volunteers to set at the registration table all week, and set up and decorate as needed. If you are interested in joining the monthly Zoom meetings, you call the Extension Office, and we can arrange a watch party, or we can put you in touch with Wendy Hood, the Area Representative in charge of the State Meeting.**





**2023-24 Lincoln County Homemaker Fees are  
\$12.50**

**Some of our clubs also have a small program fee to help pay for hands-on crafts and/or quilting supplies and club programs; if not listed below, please check with your clubs for an updated fee or if any.**

Cuttin' Up Club – 1st Thursday of the month from 5:30 pm-7:30 pm, learn how to use your vinyl cutting machine. We work on paper crafts, vinyl crafts, and so much more. Join us; even if you don't have a machine, we have an extra machine for others to use. Each month is something different, and kits will be ready to purchase each month. You must RSVP so we can make sure to have enough supplies. We try to keep kits as affordable as possible, but some crafts may cost extra.

One Piece at a Time – 2nd Saturday of each month from 9 am-3 pm. We are a quilting/sewing group that works on various group projects and one large project each year.

Four Corners – 2nd Wednesday of each month at 11 am

Happy Heart Club – 4th Thursday at 10:00 am for an hour to 1 1/2 hours. We try to go eat together after our meeting. Presently, we have 15 members and would love to have more join us. Brenda Hammons is the current President. We have a fun year ahead with great ideas for some fun, food, projects, speakers, learning, and more. Must pay County Homemakers' Dues plus \$5.00 for Happy Heart dues.

Mountain Crafters – 2nd Monday of each month at 10:00 am, they meet and make various crafts.

OPI (Oil Painting Instruction) – 3rd Wednesday of the month 10:00 am - 4:00 pm If you love Bob Ross Style Painting and are serious about learning, this is the club for you! It has an upfront investment with purchasing Bob Ross Brand Paint Brushes, Bob Ross Oil Paints, and other needed supplies. To join the class, you must pay Lincoln Co Homemakers dues plus an OPI class fee of \$10.00. This is a great time filled with painting, fun, fellowship, and learning. The up-front supply requirements are costly, so this club is for serious painters only. You are welcome to stop by and visit the club meeting and talk to the members to see if you are interested in joining.

Photo Club – 2nd Thursday of each month. We currently have 13 members. Barbara Beaney is the current President. We usually travel by van to designated places, usually leaving by 9:30 a.m. and returning by 4:00 p.m. Places are chosen for historical or informational reasons. Usually, no more than two hours travel. We learn, take pictures, eat, and will display our photos on FB and displays in the County and at Homemaker meetings and enter photos in County Fairs and Cultural Arts.

Pieceful Hearts Quilting Club – 3rd Monday of each month at 1 pm. Various sewing projects.

Sassy Stitches Quilting Club – 3rd Friday of each month at 10 am. Various sewing projects.

# *Lincoln County Homemakers Year Kick-off*

Let's Take a Stroll Down Memory Lane and  
Hike a Pathway to the Future

**Tuesday, September 19th, 2023**

Join us for Cake, Ice Cream, Fun and Games, and a  
Goody Bag! When you come and join/pay your  
2023-24 dues between **10 am – Noon**  
or **5:30 pm- 7:30 pm**

You can also drop in the front office to pay your 2023-24  
Homemakers dues and pick up a goody bag.  
between 8:30 AM – 4:00 PM (closed for lunch Noon-1 pm)



# BERNHEIM FOREST HOMEMAKER TRIP

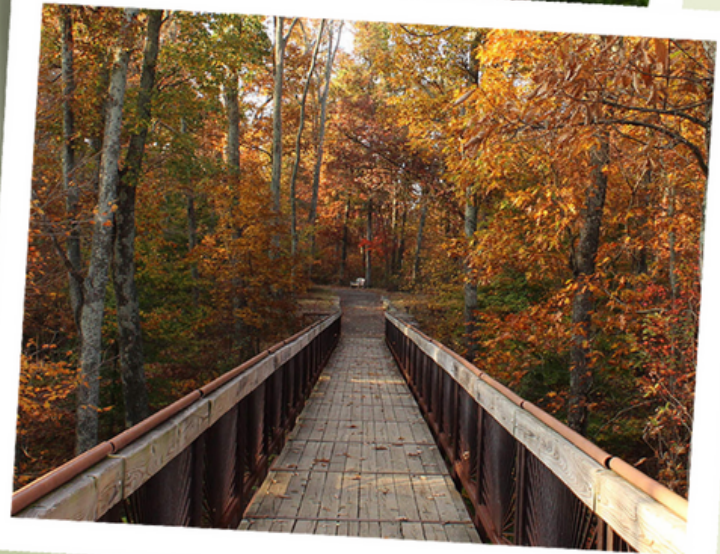
## FRIDAY, OCTOBER 13TH

The Fort Harrod Area Homemakers will be taking a trip to Bernheim Forest in celebration of KEHA Week! County groups will meet at Bernheim at noon, enjoy a picnic lunch, and then tour the area!

To sign up and to receive detailed information on transportation, departure times, and lunch choices, please contact your extension office. Be advised, there will be a lot of walking on this trip, so please plan accordingly. There is no cost to sign up.



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# Helpers Needed with Sewing and Sewing Machine Knowledge for Upcoming Sewing Camp.



Helpers will assist in helping participants:

- Learn how to use their Sewing Machine
- Sew a variety of stitches
- Read and use a pattern

We will be making Pajama Pants and a small Zipper Bag

Helpers will have a Pajama Practice Day October 30 beginning at 9am to prepare for the class.

You can help with as many of the scheduled classes as you care able.

Sewing Camp Dates:

Tuesdays in November 10am and/or 6pm

- November 7
- November 14
- November 21
- November 28
- December 5

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## SAVE THE DATE

# FORT HARROD AREA ANNUAL MEETING

**OCTOBER 31ST AT 10AM AT  
THE BOYLE COUNTY  
EXTENSION OFFICE**



# SEWING CAMP

**Participants will:**

- Learn how to use their Sewing Machine
- Sew a variety of stitches
- Read and use a pattern



**We will be making Pajama Pants and a small Zipper Bag**

In this class, you will learn the fundamentals of sewing and examine the basics of fabrics, patterns, and various sewing tools. Additionally, you will learn the functions of your sewing machine and its parts while constructing your own pajama bottoms. You will use cutting techniques, guide sheet reading skills, and a variety of seams and finishes to construct and enjoy your final product. This class is for the beginning level and you must attend all dates.

**Paid registration required as spots are limited.**

## Sewing Camp Dates:

**Tuesdays at 10am or 6pm**

- November 7
- November 14
- November 21
- November 28
- December 5





# Cuttin Up Club

September 7, 2023

Thursday @5:30pm

Come learn how to use your vinyl-cutting machine to make Christmas cards. Make sure to bring your machine, software to run your machine, essential tools, and machine mats.

To have enough supplies, RSVP by August 30th by 4 p.m.

If you want only to create one card, please let us know when you call the office. Each card will be \$14.99. You will still need to purchase the cut file. The 3D Christmas Card tote will be 12.37, plus you will need to purchase the SVG file. Please understand that you are going to be purchasing full sheets of cardstock that will make more than one item.

If you would be interested in the full kit for \$85.00 plus you will need to purchase the SVG bundle for \$7.99.

You can still join us if you do not own a vinyl-cutting machine. We have an extra machine; please tell us when you call in to RSVP. 606-365-2447



# CUTTIN' UP

OCTOBER 5, 2023

5:30 PM-7:30 PM

**JOIN US TO LEARN HOW TO USE YOUR VINYL MACHINE TO MAKE FALL COFFEE MUG DESIGNS AND TRICK-OR-TREAT BAGS. PLEASE BE SURE TO RSVP! SUPPLIES FOR CRAFT KITS WILL BE AVAILABLE FOR PURCHASE.**



## Cuttin Up Club

November 2, 2023  
5:30pm

Lincoln County  
Extension Office

## Scrapbooking

Thanksgiving/Fall  
Theme

Come learn how to use your vinyl-cutting machine to make a scrapbook page. Make sure to bring your machine, software to run your machine, essential tools, and machine mats.

Bring some photos to add to your scrapbook page.

Supplies will be available for a small fee to purchase for the class.



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## Bee Vintage Notes



### One Piece at a Time Club

#### Meeting Dates

September 9, 2023

October 14, 2023

November 11, 2023

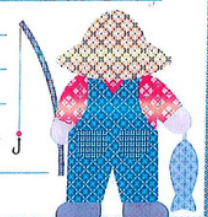
Time: 9am-3pm

Let's Finish a Quilt

Chicken Salad

Ky Spirits

Or any project you are working to finish!





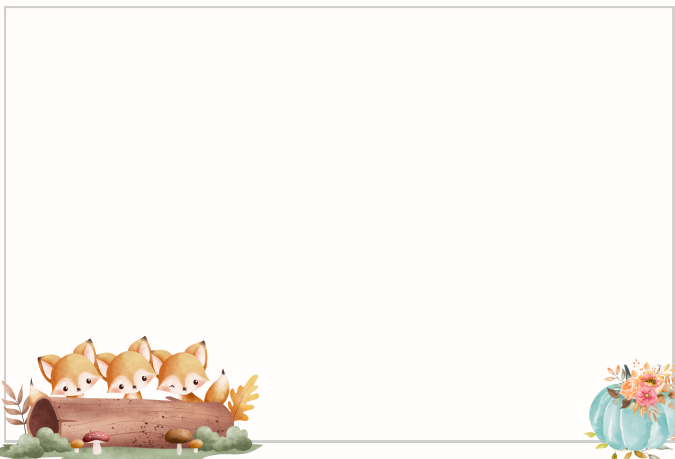
2023

# SEPTEMBER



Times and more information can be found on page 2

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 <b>WE WILL BE Closed on Labor Day</b>	5	6	7 Cuttin' Up	8 Leader Training Watch Party	9 One Piece at a Time
10	11 Mountain Crafters  Beekeepers	12	13 Four Corners	14 Photography	15 Sassy Stitches	16
17	18 Pieceful Hearts	19 Homemaker Kick-Off!	20 OPI	21 Beef Expo	22 Deadline ★ Heritage Skills Registration	23 <b>hello AUTUMN</b> 
24	25	26 UFO	27	28 Happy Hearts  Extension Homemakers Council Mtg	29	30



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